

MetLife at BDCOM Bangladesh

Basic Information

You get *Employer provided Group Life policy* and policy number is **BGL-61684**
If asked about a certificate number or ID that is your employee ID: **BDCOM00XX**

You get 2 types of Health Benefit:

- In-Patient or Hospitalization Coverage (uses **Medical Card**)
- Out-Patient Coverage and Discounts (Discounts use **Life Card**)

In-Patient or Hospitalization Coverage

You should go to a partner hospital, then you don't need to pay cash.

See full list of Partner Hospitals:  [MetLife_PPO_Hospital_List.pdf](#)

Out-Patient Coverage

You can consult any Doctor and later submit a claim to get 90% cash back.

You can also get discounts at Partner Clinics:  [MetLife_OPD_List.pdf](#)

You also get **Life Insurance**. Learn about all benefits here:

 [MetLife_Benefits_Presentation_2025.pdf](#)

Essential Links

App Login: [One by MetLife Bangladesh](#)

Web Login: [One by MetLife Bangladesh](#)

Claim Submission Link: <https://eclaims.metlife.com.bd/public/online/claim-submission>

Download Medical Card

Go to claim submission link, enter information and OTP

In the next menu, click on **Medical Card** from below

It will be sent to your email inbox

Download Life Card

Login in ONE app or web

Find **Life Card** option in services section then download it

All essential documents available here:

<https://tinyurl.com/MetLife-BDCOM>